



THE ADVISOR

A BI-WEEKLY INFORMATIONAL BULLETIN

PENNHURST STATE SCHOOL and HOSPITAL

CIVIL SERVICE EXAMINATIONS

The next Civil Service examination for Child Care Aide Trainees and Child Care Aide I's will be given on September 22, 1970, in the Penn Hall Conference Room. The Trainee exam will be given at 9:00 a.m. and the I exam will be given at 1:00 p.m. The green Notice of Examination sheets should be in the Units by Thursday. If you are scheduled for an examination, please attend at the proper time and bring the green sheet with you.

Remember, pass these examinations to help yourselves. They are scheduled for your benefit so that you can advance. Higher classifications mean more money.

If there are any questions pertaining to the examinations or if you feel that you should be scheduled and have not been, please call Cheryl McSurdy, ext. 431.

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The Civil Service tests for Child Care Aide II, Child Care Aide III, and Child Care Aide Supervisor will be given at Pennhurst on September 28, 1970, at both 9:00 a.m. and 1:00 p.m., in the Penn Hall Conference Room. If you have not already done so, it is necessary that you contact the Personnel Office, giving your name, social security number, Unit, shift, and level of test for which you are to be scheduled. We need this information to know how many people are going to take these examinations.

Francis J. Clifford
Personnel Director

CAFETERIA CONFUSION CONTINUES

Since the round tables in the Cafeteria do not easily accomodate roctangular trays, some consideration and forethought are necessary to permit others to eat in relative comfort. When a table is full, the trays should be placed with the end toward you, instead of the side. Those of you who want a little more room than the next person not only take up his space, but also make his meal break less than pleasant.

So please look around. A little consideration is not that painful. If you want to enjoy your meal break, respect other's desires, too, and let them also enjoy theirs. There is much satisfaction to be derived from displaying some selflessness. Ed.

EXTENSION MIX-UP

The extension for the Research and Education Department is 211. Mrs. Krause in the Personnel Department now has extension 473. Please make note of this and change your directory accordingly.

Peggy Winnies
Research and Education

QUALITY OF LEADERSHIP

Make your subordinates want to do things: this is one of the basic rules for getting the job done. The man who gets results through others is a leader, not a driver. People do things reluctantly for a driver because he forces them into it. They do their job enthusiastically for a leader because he makes them want to follow his wishes. There are many ways of getting people to want to do things. However, one warning is in order: making people want to do a thing is a much more skilled and subtle process than what is called "selling" them on doing it. That is usually just another name for forceful persuasion, and it is no more effective.

Tom Loar
Engineering Services

PHILADELPHIA BUS TRANSPORTATION

Effective September 14, 1970, the following changes in departure time will take place:

Bus to leave the lower area at 3:40 p.m. and 11:40 p.m. arriving at the upper area at 3:50 p.m. and 11:50 p.m. for departure to Philadelphia.

There will be one bus for each shift. There is no change in departure time from Philadelphia.

Francis J. Clifford
Personnel Director

BLUE CROSS/BLUE SHIELD INFORMATION

The next reopening period for hospitalization coverage begins November 1, 1970. If you are an active employee eligible to participate in the State Employee Blue Cross/Blue Shield Program or wish to make any changes in your present coverage, please see me before October 1, 1970.

Dolores Krause
Personnel Office

HUMAN GROWTH AND DEVELOPMENT SEMINARS

All interested employees are invited to attend a meeting on September 18, 1970, from 10:00 to 12:00 noon in the Penn Hall Conference Room. The subject of the meeting is the importance of sex education for the retarded and the problems involved. This is open to all Aide and professional staff.

George Kopchick
Unit III Director

COURSE OFFERED IN MOVEMENT THERAPY

A course in Principles and Techniques of Movement Therapy (HPER 384) will be given by Temple University this fall-winter 1970 semester. The course is 3 credits, and meets Wednesday evenings, 7:00 to 9:40 p.m. at the Temple campus. The instructor is Rhoda Winter Russell, chief of the Movement Therapy Department at Philadelphia State Hospital. The course may be taken for either graduate or undergraduate credit. Those not currently enrolled in any school, but wishing to take the course for professional vocational interest and need, may do so with the consent of the instructor prior to registration. Those without a college or equivalent degree may also take the course with consent of instructor, prior to registration. Consent will be based on background, allied work areas, and interest in the field as a profession. The course materials will be open to and geared for all those interested in both the highly specialized nature of the work, as well as the relatedness of Movement Therapy to other therapeutic areas and also to teaching areas.

Didactic lecture material, psychological background with a humanistic orientation, basic techniques of the movement therapy experience, sensory awareness techniques for the mentally ill, current events in the field and related areas, aspects of hospital and institutional procedures, reading and lesson assignments, and direct field experience and practical application of movement therapy are included in the course content. The course has value for those already in the field and needing a broader approach, for those needing a basic background for entering the field, and for those in related professional areas.

For further information contact: Dr. Edric M. Fordun
c/o Department of H.P.E.R.
Temple University
Philadelphia, Pa. 19122 (215) 787-8710

RECIPES A LA ROBERTS

Dutch Apple Cake

Yield: 9 servings

Ingredients: 1½ Cups Sifted Flour
2 Tsp. Baking Powder
¾ Tsp. Salt
¼ Cup Sugar
½ Cup Shortening

1 Egg
½ Cup Milk
2 Cups Sliced, pared and
cored cooking apples

Topping Mixture:

¼ Cup Sugar 1 Tsp. Cinnamon 3 Tbsp. Butter

Procedure: Preheat oven to 400 degrees. Grease 9x9x2 inch pan. Sift and measure flour, adding baking powder, salt and sugar, sifting together in bowl. Cut in shortening with fork or pastry blender until mixture resembles coarse meal. Beat egg and milk together until blended well. Add to dry ingredients, stirring just to blend well. Spread dough in prepared pan. Arrange apple slices alternating direction of overlapping slices in each row. Sprinkle top with sugar mixed with cinnamon. Drizzle melted butter over sugar topping. Bake 30-35 minutes or until wooden pick inserted in center of cake comes out clean. May be served with vanilla sauce or whipped cream. Serve slightly warm, if served plain.

LOST AND FOUND

Several pairs of glasses have been turned in to the Vision Clinic. If any of these belong to you, please contact me in the Vision Clinic:

- 1 Pair clip-on sunglasses with case.
- 1 Pair prescription sunglasses with bifocals (name: Ella Daud).
- 1 Pair woman's glasses with bifocals, beige with flower design.
- 1 Pair man's glasses with brown frame.
- 2 Pairs man's glasses with black frame.

Dorothy Tincher
Vision Clinic

MASQUERADE BALL

Tickets are available for the Masquerade Ball to be held on October 31, 1970. For your ticket, contact one of the following people: Rhonda McKenrick, Tom Kolonsky, Don DiGuiseppe, Joe Leddy, JoAnn Keiser, Dolores Schurr, Alex Mansfield, or Mary Miner. Tickets are \$3.75 per person.

The Party Committee

SELECTION OF A NEW SUPERINTENDENT

The committee for the selection of a new Superintendent for Pennhurst consists of two volunteer groups, a member of the House of Representatives, a member of the Senate, a member of the Pennhurst Board of Trustees, the Mental Health and Mental Retardation Advisory Committee, Dr. Jolly, and Dr. Adlestein. After reviewing qualifications of applicants, recommendation will be made to the Secretary of Public Welfare. Up until the present time, no decision has been reached.

Mildred Maneval
Director of Nursing

STAFF APPOINTMENT

Mr. David M. Miller, Assistant Director for Program Services, will be Acting Superintendent of Pennhurst State School and Hospital beginning September 16, 1970.

Donald H. Jolly, M.D.
Commissioner of Mental Retardation

NOTE: Articles submitted for inclusion in any issue of the ADVISOR must reach me by 12:00 noon on the Tuesday before payday. This is to facilitate the proper editing, stenciling, and timely distribution to the departments and units. Ed.