

PRESENT: Bill Aaronson, Ken Riznyk, Marcella Reading, Wayland Gillingham

GUEST: Cindy Cramer, Program Coordinator, Mayflower Hall 2

PROGRAM REVIEWS

#7793  
Mayflower Hall 2  
Truman Unit  
10/10/80

Program Review - The program for Mr. \_\_\_\_\_ calls for the use of mechanical restraints (muffs) for hitting or scratching others in 15 minute intervals not to exceed two hours. Restraints were used five times in June (mean duration per application = 27.0 minutes), five times in July (mean duration = 51.0 minutes), five times in August (mean duration = 57.0 minutes), four times in September (mean duration = 37.5 minutes), and three times to date in October (mean duration not available). This represents an increase in the frequency of use of restraints, but no explanation for this increase is immediately available. Of all the restraint uses reported above, all but three occurred on Friday, Saturday, or Sunday, and may coincide with days his foster grandparent was not working (although this conjecture may be invalid). The Committee will allow this program to continue, and will wait to see if this increase continues. Next review scheduled for January 30, 1981.

*Wayland G. Gillingham, PSA II*

Wayland G. Gillingham, PSA II  
Chair, Behavior Modification Review Committee

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#10594  
Capitol Hall 2  
Lincoln Unit  
10/10/80

Program Review - When Mr. \_\_\_\_\_ becomes agitated, he is to be placed in time-out on his bed until calm (for up to 15 minutes). Since the last review by the Committee (on 7/18/80), programmatic intervention was needed only on three occasions. This is a dramatic change over the frequencies reported for this program at last review. The program is to continue, and is scheduled for review on February 6, 1981. If these low frequencies continue, the Committee may decide to terminate this program.

*Wayland G. Gillingham, Jr., PSA II*

Wayland G. Gillingham, PSA II  
Chair, Behavior Modification Review Committee

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#8388  
Mayflower Hall 2  
Truman Unit  
10/10/80

Cindy Cramer, Program Coordinator for MY2 came to discuss possible solutions to some recent problems Mr. \_\_\_\_\_ has been encountering. During the past four weeks, Mr. \_\_\_\_\_ has been displaying uncharacteristic outbursts of aggression against others including hitting without provocation, throwing objects and food, pushing less mobile clients down stairs, and ripping clothing. These episodes seem to be random, and not directed against or stimulated by any particular person, place, or thing. After discussion, the Committee made three recommendations: a.) That a medical work-up be done to rule out any sub-clinical medical condition which may be causing him discomfort; b.) That the psychologist from his previous living area be consulted for any suggestions; and c.) The living area psychologist come to the Committee if positive interventions he is trying fail. While no new programs resulted from this discussion, the Committee is interested in the situation, and may ask for a status report if the aggression does not subside.

*Wayland G. Gillingham, Jr., PSA II*

Wayland G. Gillingham, PSA II  
Chair, Behavior Modification Review Committee

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OCTOBER 10, 1980

#10,375  
Capitol Hall 4  
Lincoln Unit  
10/10/80

Program Review - When Ms. abused others (the specific behavior involved are listed on the referral), they were to walk away and pay no undue attention to the behavior. However, if the behaviors were repeated, or she pursued her intended victim, then she was to be placed in time-out in a chair in the dayroom. Since the frequency of these attacks is greatly reduced, and the program has not been recently used, this program is considered successful and is terminated.

*Wayland G. Gillingham, Jr. PSA II*

Wayland G. Gillingham, PSA II  
Chair, Behavior Modification Review Committee

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#7651  
Keystone Hall 7  
Washington Unit  
10/10/80

Program Review - This program called for over-correction for Mr. when he ripped clothing. When the clothing was his own, then he would be required to dress and re-dress himself five times in succession. If he ripped someone else's clothing, he would empty and fill a laundry bag five times in succession. Since last review (in June) the program was invoked twice, both times in September. The living area staff feel that verbal reprimands have been successful in preventing the behavior, and that the program is no longer needed. Thus, the program is considered successful and is now terminated.

*Wayland G. Gillingham, Jr. PSA II*

Wayland G. Gillingham, PSA II  
Chair, Behavior Modification Review Committee

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#8197  
Devon Hall 5  
Eisenhower Unit  
10/10/80

Mr. has recently been displaying outbursts of abusiveness towards others (hitting, kicking, biting, and screaming). A five day baseline recorded five hits to others and one bite. Previous attempts to deal with this aggression include counselling, verbal reprimands, and separation from the group. The program submitted to the Committee today is designed to supplant these methods. When Mr. hits, kicks, bites, or attempts these behaviors, he will undergo required relaxation in his bed until calm at least for 15 minutes, but no more than 2 hours. The program was approved by the Committee, with the provision that the program will not be run until the staff responsible have had in-service training in the procedure. First review is scheduled for December 5, 1980.

*Wayland G. Gillingham, PSA II*

Wayland G. Gillingham, PSA II  
Chair, Behavior Modification Review Committee

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WGG/sjm

cc: Mr. Riznyk  
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