

PRESENT: Dave Painter, Greg Pirmann, Marge Conley, Ron Mazei, Wayland Gillingham, Jim Kells
John Graham, Maureen Cronin, Bill Aaronson

GUESTS: Dennis McGeehan, Program Coordinator, Horizon Hall 4 West
Lore Bailey, PSA II, Washington Unit

REVIEWS

#10,575
Keystone Hall 8
Washington Unit
1/9/81

Program Review - Today's review is for both of Ms. 's behavior deceleration programs. The first one listed on the report to the Committee calls for the application of a helmet for 15 minutes when Ms. headbangs. This happened six times in August, once in September, once in October, twice in November, and zero times to 12/19/81 (the date of the report). The second program requires her placement in a Port-a-Pit octagon "doughnut" for 15 minute intervals until calm (but not for more than one hour) for specific abusive behaviors. Positive reinforcement is to be provided after group activities for non-occurrence of the target behaviors. The doughnut time-out procedure was used five times in August, twice in September, twice in October, twice in November, and zero times to 12/19/81. The programs are to continue, with next review scheduled for March 27, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#6767
Devon Hall 4
Eisenhower Unit
1/9/81

Program Review - Mr. 's program calls time-out off the living area until calm for certain "disruptive" behaviors (such as yelling loudly). Time-out was used zero times in September, twice in October, once in November, twice in December, and twice so far this month. Since these frequencies are below the three per month "trigger" frequencies requiring a program, a motion was made to terminate this program successfully. During the discussion, questions were also raised as to the propriety of "time-out off the living area" programmatic contingencies. Those members of the Committee present were polled, and a majority voted to continue the program for one more review period. Therefore, next review has been scheduled for March 27, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#10,583
Industry Hall 2
Johnson Unit
1/9/81

Program Review - Mr. 's behavior deceleration program called for "doughnut" time-out for deliberately destroying or damaging property and "doughnut" time-out for abuse to others, with the option of mechanical restraint use if the time-out was ineffective in stopping the abuse to others. Since no information was received by the Committee which would justify the continuance of this program, the Committee decided to terminate it effective 1/23/81.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9323
Keystone Hall 7
Washington Unit
1/9/81

Program Review - Mr. [redacted]'s behavior deceleration program was scheduled for review on 12/19/80, but was postponed due to the non-availability of staff. According to information supplied to the Committee, there was no documented use of the program between last review (in August) and the December 19 review date, but at least three uses since then. Lore Bailey, psychologist for KY7, feels that while Mr. [redacted] has shown marked improvement in controlling the target behaviors (his pushing or slapping others), there have been situations in which the living area staff did not carry out the programmatic contingencies (time-out in a Port-a-Pit octagon "doughnut"). Mindful of this, the Committee did continue the program, but also has scheduled review for six weeks from now (February 27, 1981) instead of the customary three months.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#10,298
Industry Hall 2
Johnson Unit
1/9/81

Program Review - Mr. [redacted] was transferred from Devon Hall 5 to Tinicum Hall 2 on 12/9/80, as were all the other clients on DV5. Further, Mr. [redacted] was transferred to Industry Hall 2 on January 7, 1981, and on this date his behavior deceleration program automatically terminated.

The program for Mr. [redacted] was designed to reduce the frequency of self-abusive behaviors (biting himself, hitting himself, or head-banging). When he bit or punched himself, he was to be placed in mechanical restraints (muffs) until calm, but not for more than 30 minutes. If he began to headbang while in muffs, then a helmet was to be added concurrent with the muffs. This is the first review of this program, which was approved 11/14/80. Restraints were applied to Mr. [redacted] nine times in October (mean duration per application = 28.3 minutes) under both the terms of a previous program and emergency authorizations, eight times in November (mean duration = 27.5 minutes), but have not been required since then. It is still not certain what caused the sudden increase in self-abuse, but the data seems to indicate that the situation has at least temporarily abated.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#8769
Quaker Hall 2
Truman Unit
1/9/81

Program Review - Mr. [redacted]'s program calls for his placement in mechanical restraints (muffs) for not more than two hours after the display of very specific antecedent behaviors. The muffs were required on three occasions in December, with a mean duration per application of 94.9 minutes. Next review is scheduled for February 6, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#8197
Tinicum Hall 2
Truman Unit
1/9/81

Program Review - This is the first review of this behavior deceleration program for Mr. . When Mr. engaged in specific acts of abuse towards others, he was to be escorted to an unoccupied area of his living area and placed in time-out until calm, but not for more than 45 minutes. If he became resistive and would not remain in time-out, then he was to be placed in required relaxation on his bed until calm. There were two episodes in November in which the program was carried out (one using both of the contingencies; one just needing time-out) and two more episodes in which the target behaviors were demonstrated, but the program was not used. There was also one similar episode in December in which the target behaviors should have elicited the program, but the program was not used. Some-time during December (possibly on 12/21/80, but the report to the Committee was not clear) Mr. 's mother abrogated her approval of the program. Thus, this is also the last review of this program.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9863
Quaker Hall 2
Truman Unit
1/9/81

Program Review - When Mr. engages in specific disruptive (i.e. teasing others), abusive (i.e. pulling hair), unsanitary (i.e. urinating in inappropriate areas) and socially unacceptable (i.e. clothes ripping) behaviors, he is to be placed in time-out in the QA2 time-out room for 15 minutes. This contingency was used four times on 12/9/80 and once on 12/23/80. The living area team requested that the program be continued, and also asked that hitting others be included in the list of target behaviors. The Committee agreed to both requests, and has scheduled next review for March 27, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9844
#3 Indep. Drive
Indep. Community
1/9/81

Program Review - Since requisite staff are attending Annual Program Reviews, review of this program is postponed until next week.

Wayland G. Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#10,498
#3 Indep. Drive
Indep. Community
1/9/81

Program Review - Since requisite staff are attending Annual Program Reviews, review of this program is postponed until next week.

Wayland G. Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

January 9, 1981

#8838
#3 Indep. Drive
Indep. Community
1/9/81

Program Review - Since requisite staff are attending Annual Program Reviews, review of this program is postponed until next week.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

NEW PROGRAMS

#7412
Tinicum Hall 2
Truman Unit
1/9/81

A program was submitted to the Committee to reduce the frequency of a self-abusive behavior (headbanging) which Mr. [redacted] has been displaying. Within the past 30 days, this behavior has resulted in serious scalp lacerations on three separate occasions. A close relationship exists between this behavior and Mr. [redacted]'s low frustration tolerance. The living area team believe that due to the seriousness of the lacerations that a helmet and muff program would be the most appropriate intervention. The Committee did not fully share this opinion, and rejected the program. However, the Committee did discuss the program and made several recommendations for changes. A new program is expected next week.

Mr. [redacted] had a behavior deceleration program approved in May, 1977 for the same behavior. (The baseline for that program cited four incidents in a month). Since frustration at the lack of free-time was cited as the cause of the self-abuse, that program made free-time contingent upon non-occurrence of the target behavior. As best can be determined from the Committee records, that program was successfully terminated sometime prior to October, 1978. The source of frustration triggering this rash of self-abusive behavior is now believed to be related to Mr. [redacted]'s desire to not attend required programming.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9979
Keystone Hall 8
Washington Unit
1/9/81

Ms. [redacted] at times displays a cluster of behaviors which could be labelled "temper tantrums". The specific component behavior which is dealt with in this referral to the Committee is ripping her clothes. A baseline from 11/30/80 to 12/13/80 recorded 4 articles of clothing destroyed. The program, as amended and approved by the Committee calls for Ms. [redacted] to receive positive reinforcement for non-occurrence of the target behavior on a variable internal schedule. Should Ms. [redacted] rip an article of clothing, she will receive a verbal reprimand, then be provided with a new article of clothing similar to the torn item. She will then be required to dress and undress five times in succession, using only verbal directives. Any "tantrum" behavior accompanying the episode will be dealt with by extinction. This over-correction program is scheduled for review on March 20, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#5902
Keystone Hall 5
Washington Unit
1/9/81

A second behavior deceleration program was presented to the Committee for Mr. . A seven day baseline recorded 39 acts of physical abuse towards his peers (punching them). To deal with this, the living area team wanted to use an intervention strategy similar to that employed in his other program, namely time-out in his bedroom. After discussion and amendments, the Committee approved the following program: When Mr. hits someone, he will be escorted to his bedroom and be placed in time-out until calm. Should he "disrupt" the bedroom (i.e. overturn furniture), staff will use extinction. Mr. 's exit from time-out will be contingent on his restoring the bedroom to its original condition, but the total length of time in time-out will not exceed 60 minutes. Positive reinforcement will be provided on a variable interval schedule for non-occurrence of the target behavior. Review has been scheduled to coincide with the review of his other behavior program on February 28, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#8191
Keystone Hall 7
Washington Unit
1/9/81

Mr. has a well-documented history of abuse to others (hitting) and potentially dangerous destructive behaviors (throwing furniture at others). A three day baseline recorded 11 episodes of abuse and 27 episodes of throwing furniture. Another Committee-approved program for these behaviors ("doughnut" time-out) was terminated unsuccessfully on 10/31/80 (see Committee minutes 11/14/80). The program submitted today calls for Mr. to be verbally reprimanded, then placed in mechanical restraints (muffs) for 15 minute intervals until calm (but not for more than two hours) when he hits another person or throws furniture. Immediately after the muffs are secure, Mr. will be required to watch other clients receive edibles and praise for their appropriate behaviors. Positive reinforcement will be given Mr. after each group activity devoid of the target behaviors. The program was approved, with first review scheduled for March 20, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#4969
Devon Hall 2
Eisenhower Unit
1/9/81

Mr. recently has been displaying a number of maladaptive behaviors, including hitting and choking other clients and picking at his arms and legs (which have caused open sores). More frequently, he has been engaged in the less-serious behavior of ripping the tongues out of shoes, and ripping buttons and zippers off coats and jackets (both his and others). A baseline (from 12/16/80 to 12/28/80) for this program detailed 38 episodes of scratching himself, 33 episodes of hitting others, five episodes of choking others, and 60 episodes of clothes tearing. The program as submitted, called for time-out for abuse, time-out from the table if abuse occurs at mealtimes, and restitution by sewing for clothes ripping. Because the program description was too vague for the Committee, the program was rejected.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

January 9, 1981

#3090
Keystone Hall 8
Washington Unit
1/9/81

It is believed that Ms. _____'s sartorial tastes runs away from dresses and towards clothing without pockets, buttons, or zippers. The evidence of this is a baseline taken from 12/13/80 to 12/27/80, during which she ripped five articles of clothing having one or more of the above characteristics. The program submitted today is designed to eliminate this clothes-ripping behavior. When Ms. _____ tears an article of clothing which she is wearing, she will be provided with a new article then required to dress and remove the new article 5 times in succession. Since Ms. _____ has an auditory impairment, staff will use a minimum of gestural cues in carrying out this overcorrection procedure. Positive reinforcement (both social and tangible) will be provided at a variable interval schedule for non-occurrence of the target behaviors. The program was approved, with first review scheduled for March 20, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9476
Penn Hall 2
Eisenhower Unit
1/9/81

Mr. _____ is a mildly retarded man who is both employed in workshop and receives outside funds. Because of his weight (in excess of 95kg), last summer the living area physician prescribed a weight reduction diet and he and the living area psychologist participated in a daily exercise program. While he initially lost weight, Mr. _____ has since lost interest in the diet, and stopped coming to meals. It is a safe assumption that Mr. _____ is purchasing food with his own funds, however, since his weight has returned to nearly that of last summer. The living area psychologist wanted to learn from the Committee if there was sufficient grounds for developing a program in which Mr. _____'s personal possessions could be routinely searched for food. The Committee's reaction was swift and unanimous - No.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#5821
Devon Hall 2
Eisenhower Unit
1/9/81

Since Mr. _____ returned from the Pennhurst Infirmery (for an ailment which most probably is not related to this referral to the Committee), Mr. _____ has begun hitting and biting others, and verbally abusing others by teasing, name-calling, threatening, and cursing. The verbal abuse has led other clients to retaliate upon Mr. _____, causing him injuries. A baseline from 11/30/80 to 1/2/81 lists five days on which one or more episodes of physical abuse to others occurred and six days on which he engaged in verbal abuse to others. The program submitted to the Committee called for required relaxation for abuse to others, tray-removal time-out if verbal or physical abuse occurred at mealtimes and restitution for throwing objects or spilling fluids deliberately. The program was rejected by the Committee because the contingency description was too vague, and because the length of the time-out periods were not specified.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

MINUTES: BEHAVIOR MODIFICATION REVIEW COMMITTEE

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WGG/sjm

cc: Mr. Gillingham (2)

Mr. Pirmann

Mr. Riznyk

Mr. Graham

Ms. Conley

Ms. Cronin

Mr. Kells

Dr. Storm

Ms. Reading

Ms. Illes

Mr. Aaronson

Mr. Pool

Ms. Cramer (MY2)

Mr. Scott (WTI)

Mr. Mazei (TNI)

Mr. McGeehan

Ms. Nowell

HRC

Mr. Painter

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