

PRESENT: Jim Kells, Ron Mazei, Wayland Gillingham, Maureen Cronin, Marge Conley, Ken Riznyk

GUESTS: Dennis McGeehan, Program Coordinator, Horizon Hall 4 West
Frank Henderson, Program Coordinator, #5 & #7 Independence Drive

REVIEWS

#9205
#7 Indep. Drive
Indep. Community
1/16/81

Program Review - When Ms. exhibits a related cluster of behaviors which could be given the general label "temper tantrums", she is to be escorted to her bedroom for time-out until calm (but not for more than one hour). The contingency was used five times in December and once so far this month. The mean duration of these episodes is 19.8 minutes, and all of the uses occurred either in the afternoon or early evening. There is some concern that the program use was not entirely consistent, in that some displays of the target behavior did not elicit the programmatic contingencies. Mr. Frank Henderson, the Program Coordinator, assured the Committee that he is working hard on this situation. The program is to continue, with next review scheduled for April 3, 1981.

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#8838
#3 Indep. Drive
Indep. Community
1/16/81

Program Review - The living area team decided that this time-out program (for specific aggressive acts towards others) was still effective, and chose not to replace it with a different behavior deceleration program. After the high-frequency of time-out use reported to the Committee in Mr. 's last review (9/12/80) there was a dramatic reduction, with time-out being used twice in September, three times in October, once each in November and December, and zero times so far in January. Even with these low frequencies, the Committee decided to continue the program for one more review period, and will consider terminating the program at the next review, which is scheduled for April 3, 1981.

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#4844
#3 Indep. Drive
Indep. Community
1/16/81

Program Review - During Mr. 's most recent APR (the date was not supplied to the Committee), the living area team decided that Mr. 's restriction to the living area program (for abuse of free time or stealing) was unsuccessful, and should be terminated. Instead, Mr. is to be counselled by Security. Thus, the Committee acknowledges the program's termination by the team.

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9185
Horizon Hall 3 East
Humphrey Unit
1/16/81

Program Review - Since no information was received which would justify the continuance of this program (which called for restitution for inappropriate urination), it is terminated effective 1/23/81.

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#10,498
#3 Indep. Drive
Indep. Community
1/16/81

Program Review - If Mr. [redacted] should display specific acts of aggression towards others (such as hitting or biting) he is to be escorted to time-out in his bedroom for 15 minutes, with one 15 minute extension possible if the aggression continues. If the outburst also includes overturning furniture, Mr. [redacted] is to right it before going into time-out. At the last review (9/12/80), a low frequency of time-out use was reported (four times from May to August), as contrasted to a high frequency for the May review (30 times from February to April). Unfortunately, Mr. [redacted] returned to a high frequency state during this review period, with 12 uses of time-out in September, 11 uses in October, six uses in November, and three in December. In addition, there was one emergency use of mechanical restraints in December. No immediate explanation of this was available. The Committee, however, decided to continue the program, with next review scheduled for April 3, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#10,219
#1 Indep. Drive
Indep. Community
1/16/81

Program Review - The behavior deceleration program for Ms. [redacted] calls for her placement in time-out for specific abusive or disruptive behaviors (for 15 minutes or until calm, up to a maximum of one hour). When the weather is appropriate, the time-out interval is to be spent on the back porch outside IN1, but when the weather is not appropriate, the time-out is to be indoors. Time-out was used five times in October, four times in November, six times in December, and four times so far this month. As it has at virtually every review, this program sparked a lively discussion over the propriety of "time-out off the living area" contingencies. This time, a majority of the Committee expressed a desire to terminate the program. Since the frequency of use clearly indicates that some form of intervention is needed, the final Committee decision is to continue the program one more week and ask the living area psychologist to attend next week's meeting, so that a mutually acceptable revision can be made.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9480
Quaker Hall 2
Truman Unit
1/16/81

Program Review - Some of Mr. [redacted]'s maladaptive behaviors are dealt with by the two programs being reviewed today. The first program calls for a series of interventions which could culminate in locked time-out when specific abusive behaviors are displayed. The locked time-out was the only restraint used during the review period, and it was used once in September (for 60 min.), but was then not used until December, when it was required six times (for a mean of 68.3 minutes per use). The second program calls for restriction of free time for one day when Mr. [redacted] "acts out" in non-programmatic areas off his living area. This program is used three or four times monthly (a more exact count was not supplied to the Committee), but the specific target behaviors cited in the program apparently occur more frequently without anyone reporting it to QA2 staff. After discussion, the Committee decided to continue the programs, with next review scheduled for April 3, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#6673
Quaker Hall 2
Truman Unit
1/16/81

Program Review - Mr. [redacted] has a behavior deceleration program that calls for a heirarchy of contingencies when Mr. [redacted] engages in specific abusive or disruptive behaviors (including hitting, pulling hair, and throwing furniture). The most instrusive of these interventions is locked time-out, which was used 28 times in September (mean duration per use = 56.9 minutes), 15 times in October (mean duration = 51.0 minutes), 14 times in November (mean duration = 46.1 minutes), and 22 times in December (mean duration = 56.8 minutes). While this frequency is still very high, it does show a reduction from the frequencies reported for the beginning of 1980, namely 33 times in January, 1980 (mean duration = 32.9 minutes). The Committee decided to continue the program, with next review scheduled for April 3, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#7736
Quaker Hall 2
Truman Unit
1/16/81

Program Review - Mr. [redacted]'s behavior deceleration program calls for a heirarchy of interventions after Mr. [redacted] displays specific abusive behaviors. The most intrusive contingency in this program is locked time-out, which was used five times in November (mean duration per use = 39.0 minutes), and once in December (for 25 minutes). In comparing these frequencies with those given at the last review, the frequency of LTO use seems to have stabilized at a mean of about 3.3 uses of LTO per month. The program is to continue, with next review scheduled for April 3, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#10,572
(Formerly) QA2
Truman Unit
1/16/81

Program Review - Mr. [redacted] has resided in a CLA since the summer, and it is the Committee's understanding that he has been formally discharged from Pennhurst. Therefore, his behavior deceleration program (which called for restraint or locked time-out for abuse to others) terminated on his date of discharge. The Committee wishes him our best in the future.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9225
Horizon Hall 3 East
Humphrey Unit
1/16/81

Program Review - Since no information was received which would justify the continuance of this program (which called for the use of mechanical restraints for biting others), it is terminated effective 1/23/81.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

NEW PROGRAMS

#7412
Tinicum Hall 2
Truman Unit
1/16/81

A revision of the program rejected by the Committee last week was submitted to the Committee on behalf of Mr. . To review, Mr. has, on 3 separate occasions within the last 30 days, engaged in headbanging resulting in serious scalp lacerations. The program submitted this week calls for Mr. to be placed in a helmet immediately upon engaging in headbanging. If he removes the helmet, then muffs may be applied concurrent with the helmet. The helmet (or helmet and muffs) is (are) to remain on for 15 minutes, with one 15 minute extension possible (for a total possible time in restraints of 30 minutes) if he is not calm at the end of the first interval. Positive reinforcement will be given on a variable interval schedule for non-occurrence of the target behaviors. The program was given a conditional approval of the program by the living area physician and unit director.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#4969
Devon Hall 2
Eisenhower Unit
1/16/81

A revision of the program rejected last week was submitted to the Committee today. Once again, some of the contingencies were too vague for the Committee's standards, and the program was rejected.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#5821
Devon Hall 2
Eisenhower Unit
1/16/81

A revision of the program submitted to the Committee last week on behalf of Mr. (designed to reduce the frequency of specific abusive behaviors) was again rejected on the grounds of being too vague.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

WGG/sjm

- cc: Mr. Gillingham (2)
- Mr. Pirmann
- Mr. Riznyk
- Mr. Graham
- Ms. Conley
- Ms. Cronin
- Mr. Kells
- Dr. Storm
- Ms. Reading
- Ms. Illes
- Mr. Aaronson
- Mr. Pool
- Ms. Cramer (MY2)
- Mr. Scott (WTI)
- Mr. Mazei (TN2)

- HRC
- Dr. Painter
- Mr. McGeehan
- Ms. Nowell
- Mr. Henderson
- Mr. Kucherawy
- Mr. Mitala
- Mr. Perkins