

PRESENT: Marcella Reading, John Graham, Ken Riznyk, Wayland Gillingham, Maureen Cronin, Jim Keils

GUESTS: Steve Meredith, PSA II, Eisenhower Unit
Kay Weeks, PSA Tr., Truman Unit

#5821
Penn Hall I
Eisenhower Unit
3/27/81

Program Review - Mr. had a time-out program while living on Devon Hall II (for physical or verbal abuse of others). At some point between program approval (2/5/81) and today, he transferred to Penn Hall I and the program automatically terminated at that time. This note is the Committee's formal confirmation of the program termination.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#9863
Quaker Hall 2
Truman Unit
3/27/81

Program Review - Mr. 's behavior deceleration program calls for his placement in time-out for 15 minutes (in the QA2 time-out room) for a number of disruptive, abusive, and socially unacceptable behaviors. The procedure was used six times during the past review period. The living area team requested that another behavior be added to the list of target behaviors, namely, those times when Mr. removes or makes an obvious attempt to remove someone else's shoes. If given the opportunity, Mr. will either expectorate into the stolen shoe or use the shoe to scoop water from the toilet. The frequency of this behavior has at times approached once per waking hour. The Committee both agreed to this request and continued the program, with next review set for June 12, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#6767
Devon Hall 4
Eisenhower Unit
3/27/81

Program Review - When Mr. displays certain disruptive behaviors, he is to be escorted to time-out in the hallway between DV4 and DV2. Once again, the reported frequencies remained just below the three-per-month "trigger" frequency, with two each uses in January and February, and three uses so far this month. Even though the frequencies appear to have stabilized at this level, the program was continued for another review period, with next review scheduled for June 12, 1981. If the low frequencies remain, a motion to terminate the program successful will be made at this review.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

March 27, 1981

#9707
#5 Indep. Drive
Indep. Community
3/27/81

Program Review - When Ms. displays specific behaviors (including biting, kicking, and destroying furnishings, she is to be sent to time-out for 15 minutes or until calm (but not for more than one hour). The program was invoked three times in January, once in February, and 10 times in March. The report to the Committee implies that the increase in March is related to a decrease in her psycho-tropic medications. After discussion, the Committee continued the program, with next review set for June 12, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

NEW PROGRAMS

#6271
Devon Hall 3
Eisenhower Unit
3/27/81

The behavior cluster demonstrated by Ms. which brought this referral to the Committee is characterized by screaming, furniture flipping, ripping her clothing, and hitting and scratching others. The episodes last from 30 to 120 minutes, and are usually a response to staff refusal to give Ms. some object she covets. There were six such episodes during the baseline (from 3/1/81 to 3/21/81). The program submitted to the Committee by Steve Meredith, the living area psychologist, is a classic required relaxation program (Webster and Azarin, 1972) modified to account for the more stringent human rights policies at Pennhurst. When Ms. screams, flips furniture, rips her clothes, hits or scratches someone, she will be escorted to her bedroom, made to change into a nightgown, then required to stay in her bed for one hour. If she engages in the above-listed target behaviors during the last 15 minutes of required relaxation, then the interval may be extended by another 15 minutes. Further disruptions during the extension will allow further 15 minute extensions, but the total consecutive time in required relaxation will not exceed two hours. If the procedure extends into meal time, she will be released from required relaxation if she has remained quiet for 5 minutes. If she does not calm down during the meal, (her food will be held at an appropriate temperature), then she will be released to eat her meals. (This differs from the classical paradigm in that she would miss the meal entirely if one was to "go by the book"). The program was approved by the Committee, with first review set for May 8, 1981.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

#8197
Tinicum Hall 2
Truman Unit
3/27/81

Kay Weeks, psychologist for TN2, asked the Committee for help in dealing with abusive behaviors that Mr. [redacted] has been displaying. A time-out program for abuse was terminated in December when Mr. [redacted]'s mother withdrew her permission. Since then, however, muffs (on an emergency authorization) were required to stop two episodes of hitting, biting, and throwing objects; one use of restraints lasted 45 minutes, the other lasted two hours. The outbursts appear to be in response to Mr. [redacted] not being allowed to exit the living area. The extensive discussions that followed centered around programs to build up Mr. [redacted]'s frustration tolerance and ability to delay gratification rather than an aversive program. These suggestions included scheduled outdoor activities, scheduled visits to the Script Bank, socialization programs and modifications to both TN2 and Tinicum Hall basement to allow for more indoor recreational activities. Although no specific program was generated by these discussions, the Committee is very interested in the situation and may request a status report in the future.

Wayland Gillingham, PSA II

Wayland G. Gillingham, PSA II
Chair, Behavior Modification Review Committee

WGG/sjm

- cc: Mr. Gillingham (2)
- Mr. Pirmann
- Mr. Riznyk
- Mr. Graham
- Ms. Conley
- Ms. Cronin
- Mr. Kells
- Dr. Storm
- Ms. Reading
- Ms. Illes
- Mr. Aaronson
- Mr. Pool
- Ms. Cramer
- Mr. Scott
- Mr. Mazei
- HRC
- Dr. Painter
- Mr. McGeehan
- Ms. Nowell
- Mr. Perkins
- Mr. Mitala
- Mr. Kucherawy
- Mr. Meredith
- Ms. Weeks
- Dr. Nettleton